



Peace Lutheran Church Small Group Listing 2020



small groups
grow spiritually.

The **SMALL GROUPS AND MINISTRIES** of Peace Lutheran Church are designed to meet the mission of our church which is “to equip disciples of Jesus Christ for ministry and mission.” As disciples, we are called to follow Jesus Christ, to grow in our relationship with Him, and to share with others the good news about Him. Each Small Group or Ministry embraces this discipleship through prayer, study, fellowship and service.

Small Groups and Ministries are open to members and non-members. Members are encouraged to invite their families and friends to join us as we grow in our relationship to Christ and with each other.

Please “Sign Up” by using the “Welcome Sheet” at worship, attend the group or call the leader for more information.

SMALL GROUPS AND MINISTRIES PRAYER

Almighty and loving God, as we walk the sandy beaches, hear the waters surrounding us, are warmed by the bright sun, see the green growth of nature, we celebrate your many blessings with our community of disciples and ask that you lead us in new ways of serving and loving to shout glory to you, God and Savior. Amen.



Bible and Spiritual Study



WALKING THE HOLY LAND!

Led by Pastor Walter, (239) 437-2599

10:00am—11:00am

Thursdays, February 6, 13 and 20

Just several days back from a pilgrimage to the Holy Land, Pr. Walter will share some of the experiences and insights of the trip. Bring your Bible so we can dig in and learn together!



CHURCH MULTIPLICATION STUDY GROUP

Led by Pastor John Wasem (239) 437-2599

9:30am — 10:45am

Mondays, January 20 & 27 and February 3

This group during week one will research and discuss the Biblical mandate for multiplication of churches, disciples, servants, and ministries. In week two, the group will discuss cultural mandate that should motivate us to extend and reproduce the Gospel in tangible, transformational ways. During week three, we will interact by video conference with mission developers who are multiplying the Lord's Church. We will have opportunity to ask questions to understand first-hand the joys and challenges of such efforts.



WOMEN'S BIBLE STUDY

Contact Valerie Kneller, (952) 239-2679; Deacon Lisa Miller

10:00am — 11:00am

2nd Wednesday of the month, Jericho Rm

This Bible study utilizes the Bible studies and devotionals from the Women of the ELCA magazine, GATHER. You do not need to subscribe to the magazine to join in on the discussions, but subscription information is available.



MEN'S BIBLE STUDY

Led By Forrest Jensen, (239) 464-2759

10:00am — 11:00am

Every Friday throughout the year, Bethlehem Room

Join in on the study of the upcoming Sunday's lectionary readings. The study materials are sent to participants each week to aid in preparation of the weekly discussions.



Bible and Spiritual Study



A CONTINUING STUDY OF THE LIFE & WORKS OF C. S. LEWIS: PRESENTATION/DISCUSSION

Led by Drs. Mary & Tony Applegate, (484) 678-1070 Mary, & (484) 678-1060 Tony

10:00am — 11:30am

Wednesdays, January 15 to March 18, Bethany Room

C. S. Lewis is one of the most respected and loved of all Christian writers, known for his works of theology and philosophy, as well as a wildly popular series of books for children, the *Chronicles of Narnia*. In this ten-week series, Mary and Tony Applegate will facilitate a discussion of the spiritual and theological themes that Lewis reveals in *The Horse and His Boy*, the fifth book in the *Chronicles* series. A primary focus of the discussions will be the links between this book and insights into the role of prayer, particularly in Lewis's writing following the death of his wife.

Mary and Tony Applegate count themselves among those inspired by Lewis. They are retired professors of literacy education from Philadelphia and longtime students of C. S. Lewis. They have taught a C. S. Lewis class for 20 years at their home congregation, St. Paul's Lutheran Church in Lionville, Pennsylvania.



MONTHLY LUNCH N LEARN SERIES

CREATION HEALTH

11:30AM—1:00PM

JANUARY 21, ENVIRONMENT

Dr. Greg Tolley of The Water School of FGCU will discuss the impact of red tide and blue green algae upon our health. Don't miss this engaging speaker.

FEBRUARY 20, ACTIVITY

A fitness specialist from Lee Health will engage participants in mental activity alternating with physical activity during this fun, interactive program.

MARCH 5, TRUST

Enjoy musical expression of the trust we have in Jesus & discuss the impact this has upon our health.

MARCH 19, INTERPERSONAL RELATIONSHIPS

Social interaction improves your outlook and motivation. Learn ways to abate loneliness and foster positive relationships with those around you.

APRIL 23, OUTLOOK

Comedic entertainment and lunch service from a food truck will bring friends together and lift your spirits.

MAY 14, NUTRITION

What should we eat? How do we control our eating habits? How do we cook those healthy new foods we did not have as a child? Quinoa, everyone?!



Service Ministries *(continued on page 11)*



CARING CONNECTION Led by Marilyn Kranich, RN, Parish Nurse (239) 437-2599

The Caring Connection ministers to the needs of the congregation. Founded in 2005, they sponsor in-service programs, provide meals, organize rides as needed, help with the distribution of prayer shawls, offer support groups, provide Home Communion, and support Blue Christmas and Healing Services.

HOME COMMUNION Join us as we serve Holy Communion to the homebound.

It is a privilege to share this meal with our brothers and sisters as we visit in pairs, as Jesus' disciples did. Speak with Marilyn Kranich to be part of this ministry.

BEFRIENDER MINISTRY

Led by Marilyn Kranich, RN, & Trish Spotts

A new cohort of BeFrienders will begin training in February, and an information session will be held at 2:00pm on Monday, February 3. Please contact Marilyn if you would like information to explore your role in this listening ministry and to discuss the discernment process.

A TIME FOR PEACE

10:00am - 11:00am Every 3rd Wednesday, Year Round, GSH

Peace's Dementia Support Group offers support and information for family members and caregivers of those with Alzheimer's disease and memory loss. Your loved-one will be cared for by trained volunteers, as well as a Certified Nurse's Aide, while you attend this program. Registration is required.

MANOR CARE, 10:30—11:30am first Thursday each month

Please join us as we share God's love with our sisters and brothers in Memory Care. Experience with joy as we connect with them through prayer, music, art, reading and games.

BLOOD PRESSURE CHECK AND SEASONAL HEALTH INITIATIVES

9:00am (& 11:00am seasonally) 2nd Sunday of the Month, Bethany Room

Live your healthiest life by monitoring your blood pressure regularly, and seeking treatment early. Flu shots, medication review and other health services are offered throughout the year.

CPR CLASS

FEBRUARY 3, 9:00AM—NOON

Training will be done at the Iona Fire Station.

Contact Marilyn Kranich, parish nurse, if interested (239)-437-2599



Community Service Ministries



GEAR UP!

June and July

Donate School Supplies

This school supply outreach benefits local school children through the Heights Foundation.

UNDIE SUNDAY

June and July

Donate Underwear

Your offerings of underwear benefit local school children through the Heights Foundation.

GOD’S WORK, OUR HANDS September

ELCA churches across the country join together in a Day of Service.

WINK WALK

November Donations

Mid-January Event

Early Donations offered in November earn matching Grants to benefit the Harry Chapin Food Bank. The annual walk takes place in January at the Miromar Outlets in Estero. Each year this walk has raised over \$300,000, which translates into \$2,400,000 in food to distribute right here in SW Florida. The Walk is scheduled for Saturday, January 18, 2020.

TURKEY DROP & ROLL

Mid November

Frozen Turkey Collection

A Sewing for Peace Mission, that benefits the families of the Gladiolus Food Pantry.

RED KETTLE DRIVE

Early December

Bell Ringers

Peace members “ring the bell” and accept donations on behalf of the annual Salvation Army Red Kettle Drive.

JESSE TREE ADVENT GIFT MINISTRY

November and December

Each Advent season, Peace Lutheran Church collects gifts for children and young adults, and gift cards for families in the **Harlem Heights Community**. Gift cards are presented to the **Gladiolus Food Pantry**.

NBC-2 PERKINS GIVING TREE — Members select a gift tag and purchase the requested item. These wrapped gifts are presented to local area seniors, and since we are a bit of a senior congregation, this is a great ministry.

Our ministry of **Blessing Our Own** helps some of our own friends of Peace who are homebound, or otherwise could use an additional **blessing**.





Music Ministries



CHOIR Led by Ric Jaeggi, Music Director (239) 437-2599
7:00pm — 9:00pm **Thursdays, August to June, Bethlehem Room**

The Peace Choir is a ministry which provides meaningful and spiritual worship experiences through inspirational music—sung, played and heard. The choir provides music most often at the 10:00am Worship Service and at Festival Services. New members who love to sing are always welcome.



HANDBELL CHOIR Led by Ric Jaeggi, Music Director (239) 437-2599
5:30pm — 6:30pm **Thursdays, January– April, Worship Center**

We were blessed to have acquired a 3-octave set of Schulmerich Handbells from Christ Lutheran Cape Coral. What a wonderful addition to the ministry through music here at Peace. The first bell choir filled up quickly, and we are quickly approaching enough to begin a second choir. This one would be more inclined to beginners or rusty ringers. They play about once a month. Please contact Ric to express interest in joining this ever expanding series of givers of the gift of music.



2020 MUSIC EVENTS AT PEACE

Lutheran Hymn Festival
January 24, 2020 at 7:00pm

Choirs of St. Columbkille Parish and Peace Lutheran Church
present Faure's Requiem
February 23, 2020 at 2:00pm

Ric Jaeggi in Concert
March 15, 2020 at 3:00pm

See the Music Brochure for complete information.



PERSONAL GROWTH



THE PEACE BOOK CLUB Contact Valerie Kneller, (952) 239-2679

12:00pm — 1:00pm, Second Monday of the Month, January through April, Jericho Room

Book selections are read prior to the discussion each month. A copy of each book has been made available for you to borrow from the church library. The books selected for 2019 are:

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|---------------------|--|
| Monday, January 13 | <u>Educated</u> by Tara Westover |
| Monday, February 10 | <u>Five Presidents</u> by Clint Hill |
| Monday, March 9 | <u>The Island of Sea Women</u> by Lisa See |
| Monday, April 13 | <u>A Spark of Light</u> by Jodi Picoult |

All are welcome - both women and men. Bring your sack lunch and come join in on the informal discussion of these member suggested readings.



SPANISH CLASSES Led by Peggy Koppen (239) 481-4895

On going throughout the year.

Learn a new language or freshen up on lost skills. Classes meet year-round. Contact Peggy to learn which class would be the best fit for you.

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| Tuesdays | 9:00am | Intermediate Spanish |
| Tuesdays | 10:30am | Advanced Spanish |
| Thursdays | 9:00am | New Beginners Spanish |



CITIZENSHIP CLASS **Thursdays 10:00am**

This class will run for 10 consecutive weeks. If interested, individuals must contact Peggy Koppen to get an application form.

Volunteer tutors are also needed to tutor individuals 1 on 1. You will help them to speak and write in English. A tutor does not need to know a foreign language. The commitment would be 1-2 hours a week for 10 weeks. The student and the tutor would schedule their own time. Materials will be furnished.



Social



LET'S DO DINNER Contact Valerie Kneller, (952) 239-2679

January, February, March

Get to know others who are part of our family at Peace. Gather to share a meal and to spend an evening with a small group of 5 to 8 people from Peace. You will be able to choose the size group that is most comfortable for you when you register. Each group will stay together during season and will meet 3 to 4 times. It will be up to each small group to determine the hosts, the date and the format for each gathering.

How does it work? Contact Valerie, and please be sure to indicate the size of the group that you would prefer. Come join the fun! Have a wonderful time getting to know our family at Peace!



BRIDGE CLUB Contact Dave & Nancy O'Denius, (239) 288-4595; odeniusdn@aol.com

1:00pm — 3:00pm **Thursdays through March, Jericho Room**

Bridge is by far the greatest card game of all, and it can provide immense challenge and enjoyment for the rest of your life. Bridge is more complicated than other card games, and beginners are sometimes discouraged by this. We play social bridge, Chicago scoring, and all levels are welcome. You do not need a partner or reservations. It is drop-in and friendly.



MARCH 14, LADIES' TEA

Peace's 3rd Annual Ladies' Tea will be held before you return to your homes this year & is not in conflict with the Kentucky Derby. Great conversation, delightful food, lovely music, and an inspirational speaker fill this special afternoon. Bring your own teacup and a friend.



LUNCH & MOVIE MATINEE WEDNESDAYS, LUNCH (12:00PM) MOVIE (1:00PM)

Check announcements for dates & movie titles in 2020.

Enjoy an afternoon with a light lunch and a movie matinee with wonderful companions.



Social



SUNSHINE SOCIALS

Led by Jon & Judy Hintzman 262-408-8160

Join the group of members, visitors and friends for “social time.” It is always great enjoying fellowship with your family in Christ outside of the church atmosphere.

Friday, January 17	5:30pm	Broadway Palm Dinner Theatre “Grumpy Old Men” Buffet Style. Prepay \$69/person, \$138/couple
Sunday, January 19	11:30am	Brunch, meet at Lexington Country Club Buffet Style. Prepay \$22 per person, \$44 per couple.
Monday, February 10	5:30pm	Valentine’s Party, meet at the Olive Garden Order off the menu. Separate checks. Reserve your spot starting on: January 19, 2020
Wednesday, February 19	9:00am	Working Waterfront Tour at Fisherman’s Wharf Ostego Bay Foundation, Inc. offers a 3-hour guided tour of the shrimp industry. \$20 per person Tickets go on sale: January 26, 2020
Monday, March 9	1:05pm	MN Twins Spring Training Baseball Game Hammond Stadium: Twins vs. St. Louis Cardinals <i>Seating is in the shade!</i> Watch for additional info Tickets go on sale: February 1, 2020
Wednesday, December 2	6:15pm 6:45pm	Caroling with Residents, meet at Arden Court Gather at Ron Dao’s for food and cheer Order off the menu. Separate checks.

Sunshine Social Events are open to all members and visitors of Peace Lutheran.



SEASONED NURSES’ CLUB

Led by Marilyn Kranich, RN, (239) 437-2599 x 213

January, March, November

Were you a member of the Future Nurses’ Club? Now that we have matured, please join us for lunch, conversation and service. We will meet during the months of November, January, and March.



PHYSICAL DEVELOPMENT



TAI CHI

Led by JoEllen Keller, (239) 437-2599

MONDAYS AND WEDNESDAYS, JANUARY TO MARCH

JoEllen Keller returns as our instructor sponsored by the Area Agency on Aging, to improve your balance through gentle movement.

2:00pm — 3:00pm **Tai Chi for Arthritis:** This class engages the movements of Tai Chi but sequences them in a different pattern. Please call AAA at 866-413-5337 to register.

3:00pm — 4:00pm **Tai Chi for Arthritis:** This class engages the movements of Tai Chi but sequences them in a different pattern. Please call AAA at 866-413-5337 to register.



CHRONIC PAIN & CHRONIC ILLNESS FREE WORKSHOPS

Sponsored by Lee Health

THESE CLASSES ARE OFFERED IN THE SPRING AND THE FALL

These evidence based workshops help you discover strategies and skills that allow you to self-manage your pain or chronic illness. If you have chronic illness or love someone who does, these workshops are for you. Call 239-343-9264 to register for the fall class (Spring class is full). Watch announcements for further details.



FIT TO SIT AND CHAIR AEROBICS Led by Virginia Hanley, (239) 437-2599 ON THE 1ST, 2ND AND 4TH WEDNESDAYS, & EVERY FRIDAY

Virginia tailors these exercises to the abilities of the participants. Class size is limited.
A \$3.00 donation per session is appreciated.

9:15am — 9:45am **Fit to Sit,** Wednesdays only, improve flexibility and circulation all while sitting in a chair! Movements are simple and music is enjoyable.

10:00am — 11:00am **Chair Aerobics,** enjoy a low-impact, cardio workout, with balance exercise as an added bonus.



SERVICE MINISTRIES



SEWING FOR PEACE Led by Joyce Jensen (239) 481-1535 & Mary Klaus (239) 454-1185

1:00pm — 3:00pm **Every Tuesday, Year Round, Bethany Room**

Sewing for Peace is a year round group that continues to outdo themselves with community projects in partnership with Lutheran World Relief (LWR). They lovingly make quilts, baby kits, health kits, and sewing kits. LWR sends them to villages and refugee camps around the world where the need is, especially refuge camps. Men and women — there's no experience necessary. There are many things you can do to assist in the day's project — and have fun at the same time!



KNITTING MINISTRY Led by Jean Mecionis (239) 222-2569

Work from Home

This dual purpose group loves to knit and to crochet prayer shawls for those who need our special care. Each prayer shawl is blessed and prayed upon before it is delivered. We also knit hats, mittens and sweaters for the people of Appalachia. Instruction sheets with knitting directions are available



If you'd like to lead a small group and/or have an idea for a small group,
please contact Valerie Kneller at 952-239-2679





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Worship Schedule:

Saturday, 5:00pm, Holy Communion (January 11 – April 11)

Sunday, 8:00am, Holy Communion (Nov–April)

Sunday, 10:00am, Holy Communion (Year Round)

